



CULTURE ATWORK

Culture at Work Ltd INFORMATION PACK



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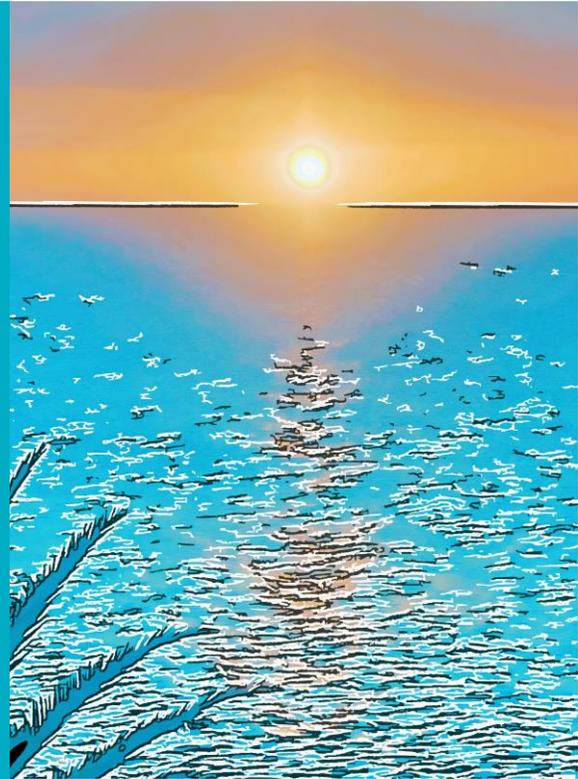
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About Culture at Work Ltd

Since 2005 we have provided cutting edge programmes that create profound and lasting change in organisations, transforming leaders and teams into a dynamic force of achievers who approach life with a coaching mindset and create a coaching culture at work. We deliver coaching and leadership courses globally and in all main business languages.

Our training and design team comprises expert coaches with previous experience as corporate managers and directors, giving us a unique understanding of how employees can most usefully spend their time in the training room.

In 2007, We partnered with Sir John Whitmore, the co-creator of the GROW model, to design our coaching and mentoring courses, giving us a true understanding of how to implement GROW. Our programmes deliver 'silver bullets' techniques that participants can take away and put into practice immediately.



Worldwide Training

Our clients include IG Group, England Rugby, Reckitt, Philip Morris International, GE Healthcare, DSM Foods, IKEA, NCR, Johnson & Johnson, Hilti Group, World Animal Protection, DSM Foods, Alinma Bank Riyadh, the BBC, the NHS, Arts Council England, 59 Productions, schools, universities, and county councils.

Please click to read our [case studies](#).

Our Training Style

- *Fast-paced, challenging, pragmatic, interactive, and fun.*
- *Comprehensive materials including course manual, worksheets, and course book*
- *Practical assignments to embed the learning*
- *Simple techniques and skills to put into practice immediately*
- *Expert trainers with coaching and management experience*
- *Multi-cultural expertise*

Our Services

(Please click to find out more)

[Advanced Executive Coaching Skills](#)

[Coach Training for Teachers](#)

[Coaching and Mentoring Training](#)

[Coaching Accreditation](#)

[Coaching Professional Apprenticeship Levy Training](#)

[Coaching Supervision Training](#)

[Diversity Training](#)

[Train the Coach Trainer](#)

[Leadership development and facilitation](#)

[Leading Without Formal Authority:](#)

[Lateral Leadership](#)

[Mental Health First Aid](#)

[Mindfulness at Work](#)

[Resilience Workshops](#)

[ROI in Coaching](#)

[The Neuroscience of Emotional Intelligence](#)

[Unconscious Bias Training](#)

[Open Coach Training Courses](#)

[One-to-one coaching sessions](#)

Reviews from course participants

We regularly receive testimonials and reviews that our management and coaching programmes are the best training courses that participants ever experienced. Below are some examples of the reviews received. Please visit our [Client reviews](#) page to read more.

“It is the best course I have been on and the most useful one to me in my entire life, not just at work. I am glad the company is investing in it. I will willingly take part in more calls and will continue with the practice. On a lot of courses, once the course is over you go back to daily routine. With this, because we had the assignments it made me think about what I had learned and put some discipline in there and made it more useful.” – Dawn Calderbank, VP Retail Channel EMEA at NCR (National Cash Registers).

“The best course I have completed. It has really transformed my outlook.” – Rory Price, Senior Project Manager, England Rugby.

“I’ve experienced dozens of trainings... only three matter because actionable: MANAGER-AS-COACH was one of them. Years after, I still use the process and tactics at work and at home.” – Dr M’Bayang Thiam, PMI (Philip Morris International).

“Having been involved in many aspects of training within IKEA at all levels over the past 10 years, the Coaching Program was miles ahead of any in-house program relating to coaching that I have been involved with.” – Phil Rogers IKEA UK HR Expansion Development Manager.

“A 10/10. This is the most important four days of training I’ve had in a very long time. This transforms me.” – Michelle Russell, GE Healthcare.

“Our CEO rated the Coaching Skills for Leaders session as 10/10.” – Caroline Blackman, Head of Organisation Development, Delivery Partner, Olympic Delivery Authority.

“Excellent facilitation by James. I am amazed by the connect and rapport he could build virtually with the participants in just 3 hours.” – Meenakshi Wadhwa, Johnson & Johnson

“The course was fantastic. I plan to incorporate this into my everyday interactions, line management, as well as continue with some private coaching clients. It was so valuable and really highlighted the value of coaching to me.” – Sophie Harle, Director of HR, Tanglin Trust Singapore

“Very easy content to digest. There is a world outside technical life.” – Shubham Dadel, Technical Manager, IG India.

“One feedback was even that it was the ‘best training ever’. And PM employees do have quite often the opportunity to attend a training, so this is absolutely a compliment.” – Joyce Heijgen, Manager HR Business Partner, Czech Republic PMI.

“I’ll just come right out and say – it was perfect. The things that really matter to me have all scored highly. It is rare that one course meets needs/expectations in all areas” – Sue Akroyd, Head of Professional Development, Foundation for Community Dance.

I cannot recall any other training that has had such a profound and immediate impact on me as this programme.” – Lanre Fatuga, Operations Manager Trauma & Orthopaedics, Therapy Services and Pain Management, Royal Free London NHS Foundation Trust.

“I feel non-stop like I have to say thank you very much for this opportunity.” – Tatyana Neshta, VP Finance and IT, Hilti, Russia.

“I had an opportunity to interact with quite a few colleagues across the globe, whom I had never met before. Through coaching, I realised that people are the same everywhere, everyone carries their own fears. It has given me insight into how humans behave, and it is the same kind of challenges everyone faces, in their day-to-day activities. This helps you see the whole world as one global collaborative environment. Overall, it has been a life changing experience for me personally.” – Preethi Shankar, HR Manager, IG India.