



Culture at Work Ltd
Coaching Supervision Training
INFORMATION PACK

Culture at Work is a global coaching consultancy delivering coaching culture strategy programmes and ILM accredited coaching and mentoring training to organisations, with particular experience of large multinational organisations, the UK public sector, and individuals on open courses. We've trained hundreds of companies in 42 different countries and every main business language.

International speaker, writer and broadcaster Carol Wilson is the CEO of Culture at Work and a pioneer of performance coaching. Carol partnered with the late Sir John Whitmore (the founder of performance coaching and co-creator of the GROW model) to translate his work into performance coaching courses. Carol also worked at board level with renowned coaching leader Sir Richard Branson, contributing to Virgin's early success. Carol is an expert on all areas of management training, from team coaching to senior leadership.



Contact
info@coachingcultureatwork.com
020 7022 4923

Coaching Supervision Training

Coaching supervision is a conversation with a coaching approach that provides a thinking space where coaches can be supported in reflecting upon their work with clients, build their confidence, reinforce their coaching mindset, and receive mentoring, recognition and challenge from another experienced coach.

We have designed this Coaching Supervision training course specifically to meet the needs of experienced coaches wishing to become qualified Coaching Supervisors for other coaches, particularly coaches in organisations.

The training is delivered online over four two-hour sessions, with practical assignments in between to embed the learning.

The Course is a practical and workplace-friendly programme providing frameworks, question sets, skills and techniques for coaching supervisors.



The Four-way Contract for Workplace Coaching Supervision



- Comprehensive materials including a guide to effective questions for supervisors.
- Fast-paced, challenging, practical and interactive training style.
- A safe and fun learning environment.
- Entry level is accreditation as a coach, and experience of delivering at least 30 hours of formal coaching sessions.

Reviews from course participants

"The coach reported that our last session had made a lasting impact on her confidence as a coach. A realisation that the coach had to be fully aware of her own reactions and allow the client's full expression really advanced her coaching style."

"The 'Four Way Contract' was an excellent model and helped me to structure the first session."

Curriculum

- Contracting
- Ethics
- The GROW-S^{upervision} Framework
- Coaching Supervision models
- Tools and techniques:
 - Somatic coaching
 - The Drama Triangle
 - The OK Corral
 - The Balance of Assumptions
 - Permission Protocol
 - Self-Limiting Beliefs
 - Coaching Feedback
 - Clean Language
- Group Coaching Supervision
- The Feedback Circle

Fees

Course: £950+VAT per person
ILM Endorsed certificate in Coaching Supervision: £120+VAT per person
Corporate rates available.

Further information

<https://www.coachingcultureatwork.com/coaching-supervision-training/>
info@coachingcultureatwork.com
+44 (0)207 022 4923